



MASTERCLASS
ON AGEING IN ASIA

2026

SCHEDULE OF ACTIVITIES

FRIDAY, MAY 22

REGISTRATION AND SNACKS

01:00-1:30PM

OPENING REMARKS

1:30-2:00PM

LECTURE 1: FRAILITY: ASSESSMENT AND MANAGEMENT

DR. HIDENORI ARAI

2:00-2:30PM

LECTURE 2: SARCOPENIA: ASSESSMENT AND MANAGEMENT

DR. LI-NING PENG

2:30-3:00PM

BREAKOUT SESSION:

RESEARCH PRESENTATION PER GROUP

3:30-4:30PM

GENERAL PRESENTATION

4:30-5:30PM

SATURDAY, MAY 23

BREAKFAST SYMPOSIUM

08:00-9:00AM

LECTURE 3: FALLS AND MOBILITY DISORDERS

DR. MAW PIN TAN

9:00-10:00AM

LECTURE 4: COGNITIVE IMPAIRMENT AND DELIRIUM

DR. CHANG WON WON

10:00-10:30AM

LECTURE 5: ICOPE

DR. RESHMA MERCHANT

10:30-11:00AM

CONTINUATION OF RESEARCH PRESENTATION

11:00AM-12:00PM



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SATURDAY, MAY 23

LUNCH SYMPOSIUM

12:00-1:00PM

BREAKOUT SESSION 1: CASE-BASED LEARNING – FALLS
AND COGNITIVE IMPAIRMENT

1:00-3:00PM

LECTURE 6:
POLYPHARMACY AND MEDICATION MANAGEMENT
DR. WEERASAK MUANGPAISAN

03:30-4:00 PM

LECTURE 7:
MULTIMORBIDITY
DR. HIROYUKI UMEGAKI

4:00-4:30 PM

SYNTHESIS AND INTERACTIVE Q&A PANEL

4:30-5:30PM

SUNDAY, MAY 24

BREAKFAST SYMPOSIUM

08:00-8:30AM

LECTURE 8: URINARY INCONTINENCE AND PRESSURE
INJURIES

DR. LOURDES CAROLINA DURLAO

8:30-9:00AM

BREAKOUT SESSION 2:
INTEGRATED CARE PLANNING FOR COMPLEX
GERIATRIC SYNDROMES

9:00-11:00AM

PRESENTATION OF RESEARCH WINNER

11:00AM-12:00PM

LUNCH SYMPOSIUM

12:00-1:00PM

CLOSING AND DEPARTURE

1:00-1:30PM